



BITE SIZE BRIEFING BITE SIZE BRIEFING BITE SIZE BRIEFING BITE SIZE BRIEFING BITE SIZE BRIEFING BITE SIZE BRIEFING BITE SIZE BRIEFING

Drivers Tips - Bayford Meadows

Following on from the Bite Size Briefing about 'Penalties', here is the circuit map for Bayford Meadows showing all the Marshal Posts (small blue squares) and the Start/Finish Line.



TOP TIPS:

Take time to walk the circuit and make a mental note of where the Marshal Posts are and remember to look up at them every time you pass.

Parc Ferme is very soon after the Finish Line, so it is important to reduce your speed as soon as you have taken the chequered flag.

Racing is supposed to be fun, take some time to calm yourself before every Heat, think the whole race not just the next corner! You cannot win the race on the first corner but you can lose it!

Good Luck!